



Hawks Nest STEAM ACADEMY

SCHOOL COUNSELING PROGRAM NEWSLETTER



SHANDRAI SILVA, SCHOOL COUNSELOR

APRIL 2025

COUNSELOR MESSAGE

April is here and we are in the last nine weeks of school. It is hard to believe!! Here's a look at what's been going with the school counseling program...

In March, we continue with College and Career lessons, including a fabulous Career Day on March 7th. The students seemed to really enjoy learning more about careers from our Career Day participants. Their feedback was positive.

Individual meetings and small group counseling continued in the month of March. Student Council members showed great leadership as Career Day hosts and participated in leadership skills building.

This month, we will focus on the character trait of the month, Perseverance, in guidance classes. Individual and small group meetings will continue. In April, we are participating in Youth Service Day by completing an in-school service project to support Promising Pages, an organizations committed to giving books to children living in "book deserts".

It's going to be another great month at the Nest! I am looking forward to a wonderful last nine weeks of the school year. We're persevering - giving our best and working hard! Let's GO!

Keep Going!

HOW TO SEE THE SCHOOL COUNSELOR

Classroom guidance classes every two weeks. Small group counseling and individual counseling by self-referral, parent referral, teacher referral, administrator referral or counselor initiated. Contact school counselor, Shandrai Silva, at sosilva@gaston.k12.nc.us and/or 704-866-8467.

PROMOTING CHARACTER EDUCATION "WE'RE SOARING WITH GOOD CHARACTER"

PERSEVERANCE

The character trait of the month is perseverance. Perseverance is being persistent in the pursuit of worthy objectives in spite of difficulty, opposition, or discouragement; and exhibiting patience and having the fortitude to try again when confronted with delays, mistakes, or failures.



You Can Use

The Random Acts of Kindness Foundation offers resources to "Make kindness the norm.®" at school, home and work.- check out the Perseverance poster. Rocket Kids offers character education, growth mindset, and life-skill learning content to supplement lessons in the classroom and at home. Their 2- minute mindset video on the Power of Perseverance is a valuable resource. Big Life Journal offers 9 ways to build GRIT and resilience in children.



[Rocket Kids Connect - The Power of Perseverance](#)

[Big Life Journal](#)

[9 Activities To Build Grit and Resilience in Children By Ashley Cullins](#)

Student Support Services @ the Nest



School Counselor: Shandrai Silva
School Social Worker: Diane Manning
School Nurse: Susan Clark



April 25 - 27, 2025

APRIL IS CHILD ABUSE PREVENTION MONTH!

Spring Service Project

In recognition of Global Youth Service Day, students will Participate in a service Project in Guidance Class. We're supporting the Promising Pages by making bookmarks.